



Chopwell Primary Health Care Centre



Patient Participation Group

Would you be interested in joining our Patient Participation Group? Please ask to speak to Miss Samantha Cromar or Roshan Hassan and they can register you.

Practice Opening Hours:

Mon 9am-1pm & 2pm– 6pm

Tues 9am-1pm & 2pm – 6pm

Wed 9am-1pm & 2pm – 6pm

Thurs 9am-1pm

Fri 9am – 1pm & 2pm – 6pm

Prescriptions

All prescriptions will need to be requested:

Online: please ask at reception for a registration form.

In Writing: Using either re-order slip or on a piece of paper with your name and date of birth added.

The Practice does not accept prescriptions over the telephone due to safety reasons.

Newsletter Spring 2019



Around 2,600 women are diagnosed with cervical cancer in England each year and around 690 women die from the disease. It is estimated that if everyone attended screening regularly, 83% of cervical cancer cases could be prevented.

Nationally, attendance at screening appointments is at a 20-year low, with one in four women in the UK not attending their cervical screening.

If you are overdue your Smear please remember to make an appointment with our practice nurse.

Free Exercise Sessions for over 50's

There are a range of exercise sessions available in Gateshead. In particular there is a Staying Steady group for people who have had a fall, have a fear of falling, problems with balance or have osteoporosis.

You can call into the surgery for more information or

Ring 0191 438 1721 for info

**Or for information online visit:
gatesheadopa.org.uk/whatson**





Surgery Closure

We will be closed: Good Friday and Easter Monday

Our usual opening times will apply on all other week days. Please ensure you have sufficient supplies of regular medication to last the holiday period. Please remember that our standard turnaround time for repeat prescription request is 48 working hours. We cannot guarantee to have prescriptions ready the same day.

Please remember to cancel any unwanted appointments



INFORMATION ZONE

**Helping patients to
manage their own
health**

At Chopwell, we believe in encouraging patients to find information about keeping in good health. We will actively help our patients to manage their medical problems by providing access to good quality information.

Our new Information Zone, located in the Waiting Room

**Unfortunately we experience a very high number of patients not attending their appointments. Please remember to cancel your appointments if you can no longer attend. This means we can offer these to other patients in need and avoid wasting clinician's time.
Thankyou**



*We would like to introduce to you-
Harriet Middlemast.*

Harriet has recently started an Apprenticeship with the practice. You will find her working amongst our reception team.